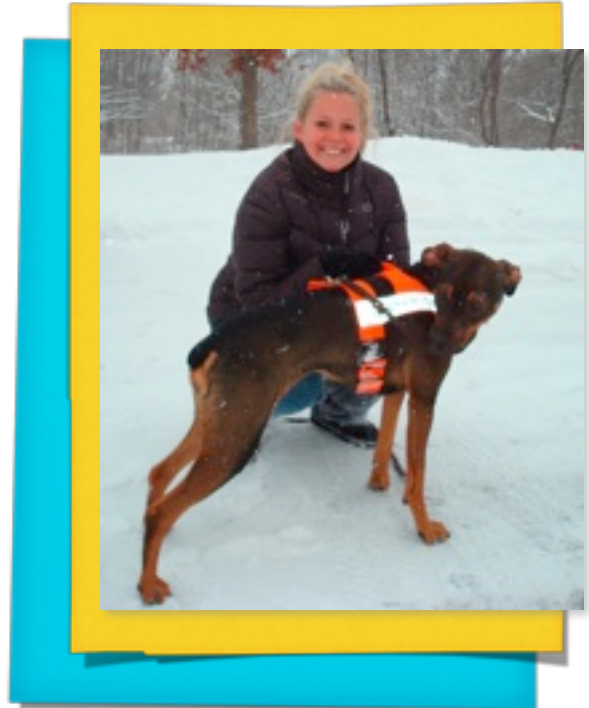


# LOST IN THE WOODS - CHILD SURVIVAL KIT

## Make an Emergency Survival Kit (and practice using it!)

1. **Large Garbage Bag** - Bright color is best, for a poncho. Pre-poke a hole to stretch for face opening - do not cut.
2. **Whistle** - Used to signal for help - three short blasts!
3. **Signal Flag** - approximately 4 inches x 40 inches to hang from a tree. For example an orange bandanna or cut an orange plastic garbage bag.
4. **Reflector** - for sending signals. For example, foil pasted to cardboard or an old CD disc.
5. **Snack** - High energy trail mix. Keep in a zip lock bag-can also be used as a cup.
6. **Water** - a bottle of water. It's important to stay hydrated!
7. **Container** - Such as a small pack fastened around the waist.



The dogs want to thank you for letting them show you how a search dog can help find lost people.  
They would also like you to know that it's a **LOT** easier for them to find you  
if you **STOP, SIT and STAY!**



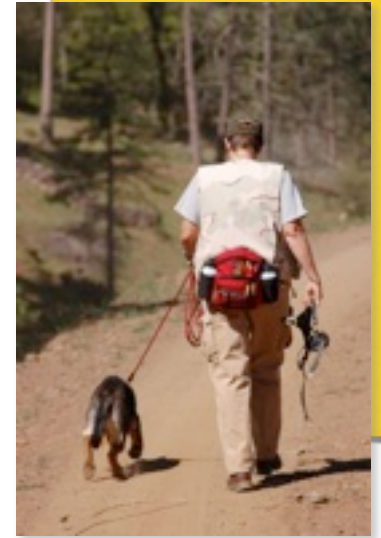
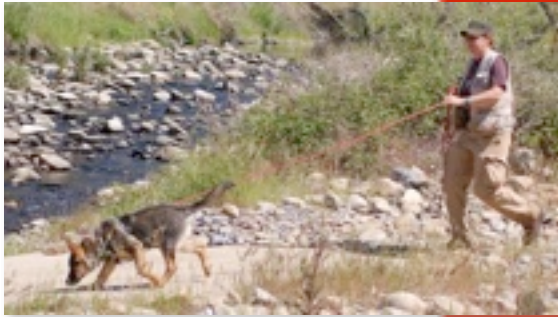
Presented by your local  
ISRCH Canine Response Team (CRT)  
[www.isrch.org](http://www.isrch.org)  
ISRCH is a 501(c)(3) non-profit organization





# LOST IN THE WOODS? - 9 RULES FOR SURVIVAL -

a b c



## A - "Hug a friend, a pet or a tree"

1. Stay together if you are with another person or a pet!
2. STAY IN ONE PLACE - Don't wander around

## B - "Take care of yourself"

3. Keep Warm! Wear your jacket, hat & plastic bag/poncho
4. Find a cozy WAITING place where you can be seen...NOT a hiding place!
5. Make a nest to lie down
6. Eat only what you brought with you. Don't eat or drink anything you are not sure of.
7. Stay AWAY from large rivers & lakes

## C - "Help yourself be found"

8. Put out something bright or hang it from a tree
9. Make yourself look BIGGER for searchers-use your whistle & reflector!

